



2008 Review and 2009 Preview of Activities Report

Macky Singh, SNB Regional Technical Director West

After a year in the position of Soccer New Brunswick Regional Technical Director – West, I have had a very busy and successful year in developing, implementing and improving the standard of:

- Players
- Coaches
- Clubs
- Communication
- Programs

Below is a list Review of Activities for the 2008 year that I was responsible for at a Regional and Provincial level.

I have also listed a Preview of Activities that will be implemented and delivered of the 2009 year.

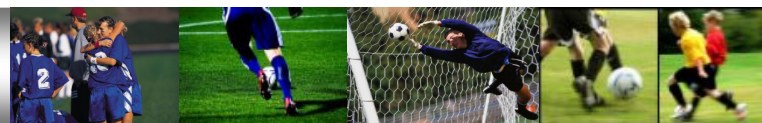
2008 Review of Major Activities Report

2008 Regional Activities				
No.	Activity	Details	Achievement	Date
1	West Region Soccer 4 – Year Technical Plan	Developed and implementing the Plan with Year 1 completed.	95% of activities achieved.	2008
2	Coaching Session Plans	Developed session plans for coaches for all levels from Micro – Competitive programs. Published it on the WRS website for club coaches in the Region to access and use them for their coaching sessions. <ul style="list-style-type: none"> ▪ Coaches Manual for each age-group. ▪ 66 session plans (1 session per week) ▪ 6 theme Activities Manual 	Well received and was used by club coaches	January - March
3	WRS Website	Developed and launched the WRS website to inform the community in the Region about activities and programs conducted by WRS. www.westregionsoccernb.org .	4760 hits since launched	January - ongoing
4	WRS Technical Advisory Group	Established a Technical Advisory Group (TAG) to provide feedback and support for the RTD on program development.	Highly qualified individuals on the TAG	Meets once every 2 months



2008 Regional Activities - Continued

No.	Activity	Details	Achievement	Date
5	Club Coaches Workshops	Facilitated and conducted on-field Workshops for club coaches at Micro, Mini and Youth levels. <ul style="list-style-type: none"> FDSA – 3 Workshops Oromocto – 2 Workshops New Maryland – 1 Workshop Nackawic/Millville – 1 Workshop 	300 coaches in attendance.	May – July
6	Establishment of new clubs	Consulted, facilitated and assisted in the establishment of two new clubs in the Region. To be full members of Soccer NB in 2009.	<ul style="list-style-type: none"> Millville Community & Recreation Nackawic Recreation Department 	May – July
7	FDSA Premiership Program	Conducted coaching sessions for: <ul style="list-style-type: none"> U12 Boys Premiership team U14 Girls Premiership team U14 Boys Premiership team U16 Boys Premiership team 	Numerous sessions over the season.	May - September
8	Women's Recreational Team	Head Coach of the Spurs Women's Recreational Team. Attended the Wisdom Cup as Head Coach in Hampton.		May - August
9	Coaches Mentoring	Mentor 3 coaches to prepare for their final assessment to obtain their Pre-B License.	All 3 successfully passed	April - June
	UNB Intern Project	Assisted a UNB student intern to complete her Project on Women's Soccer for her studies. <ul style="list-style-type: none"> 10 E-Newsletters. Publishing and updating the WRS website. 	Well received	May - August
10	Training Camp Program – Pilot Project	Conducted a week long Training Camp for the U14 Boys Premiership as a Pilot Project during the summer holidays. <ul style="list-style-type: none"> On-field training sessions Off-field theory sessions 	16 players registered	July
11	WRS Fall Skills Program	Organized and facilitated a 10 week program for 8 – 12 years olds. The program was coached by UNB Varsity Reds Men's and Women's Soccer players.	50 players registered.	September – October
12	CSA Club Nationals Championship	Assistant Coach for the FSDA U16 Boys Premiership Team for the Club Nationals Championships at Sydney, Nova Scotia.	8 th placing	October



2008 Regional Activities - Continued				
No.	Activity	Details	Achievement	Date
13	2008 – 09 WRS Winter Regional Development Program (RDP)	Organized and facilitated a 4 month training program for 8 – 18 year olds. The program currently being coached by qualified coaches with minimum of Pre-B License holders. 24 sessions in total.	95 players registered.	December 2008 – March 2009
14	West Region Soccer Association	Establishing a Regional Board that oversees the development and governance to improve the standard of soccer in the region.	Interim Board with appointed Directors	Final stages
15	West Region Soccer League – Division 1	Creating and establishing a Regional League for Division 1 club teams. <ul style="list-style-type: none"> Creation of Inter Conference & West Province Championship with South Region. Developing budget, timeline, rules & regulations. 	West Region & South Region clubs working together for 2009 launch	Ongoing
16	Coaching School Teams sessions	Conducted coaching sessions for: <ul style="list-style-type: none"> St. George Middle School – Junior Varsity Boys Fredericton High School – Junior Varsity Girls 		Sept – October
17	Professional Development	<ul style="list-style-type: none"> NCCP Multi-Sport Theory Part B Coaching Course Soccer Nova Scotia Symposium CSA National “B” Coaching License - Equivalency 	Successful Achieved	October November November

2008 Provincial Activities				
No.	Activity	Details	Achievement	Date
1	U15 Girls Provincial Team	Coached the team and took them to the U15 Girls Aliant Cup in Cornerbrook, New Foundland.	4 th placing	January – June
2	U14 Boys Provincial Team	Appointed to two weeks before the U14 Boys All-Stars Championships to replace the coaches who resigned. Attended the All Stars at Brossard, Quebec.	12 th placing	July
3	Atlantic National Training Centre	Attended and coached at the ANTC in Nova Scotia and transporting players from New Brunswick.		November



2009 Preview of Major Activities

2009 Regional Activities				
No.	Activity	Details	Timeline	Date
1	West Region Soccer Association	Conduct an AGM and officially register the WRSA as a Regional Body.	Full Board with appointed Directors	March
2	2009 Coach Development Conference	Organizing & hosting a Coaching Conference to be held in Fredericton. Theme – Coaching 6 – 12 year olds; FUNdamentals & Learn to Train Stages. Open to all coaches and interested individuals from the Region, Province and Maritimes.	Advertisement / Promotion – February	16 th May 2009
3	West Region Soccer League – Division 1	Launching the Regional League for Division 1 club teams. <ul style="list-style-type: none"> Inter-Conference & West Province Championship with South Region. Conduct a Coaches & Managers Seminar for the League 	Official launch in May	End May – August 9 th May 2009
4	Training Camp Program	Conduct week long Training Camps for interested Premiership & Division 1 club teams during the summer holidays. <ul style="list-style-type: none"> On-field training sessions Off-field theory sessions 		July school holidays
5	FDSA Premiership Program	Conduct various coaching sessions for Premiership teams upon request.	Numerous sessions over the season.	May - September
6	Club Academy Program	Launch the Program at interested clubs. For the best, committed and interested 8 – 10 year olds. 10 week program to be held at clubs.	Ongoing	June - July
7	WRS Fall Skills Program	Organized and facilitated a 10 week program for 8 – 12 years olds. The program to be coached by UNB Varsity Reds Men's and Women's Soccer players.	Advertisement / Promotion – July	September – October
8	2009 – 10 WRS Winter Regional Development Program (RDP)	Organize a 4 month training program for 8 – 18 year olds. The program currently being coached by qualified coaches with minimum of Provincial B License holders. 24 sessions in total.	Advertisement / Promotion – September	December 2009 – March 2010
9	Professional Development	<ul style="list-style-type: none"> Sport Canada LTAD Conference – Toronto CSA National “A” Coaching License (Part 1) – Vaughan 		January August



2009 Provincial Activities

No.	Activity	Details	Date
1	U16 Girls Provincial Team	Coach and select a squad for: <ul style="list-style-type: none">Provincial Development ProgramPreparation tournament – USACSA U16 Girls All Stars Championships - Quebec	December 2008 – July 2009 Mid May Mid July
2	Atlantic National Training Centre	When opportunity arises to attend.	Ongoing